

LELO

Come Together

For the clitoris' sake: Let them eat cake.

If you haven't by now, mark it in the calendar, ladies, as April 14 is your day and officially National Cake and Cunnilingus Day. On this day, women get to celebrate their pleasure and receive all the cunnilingus they want. Of course, the day is also about cake!

As our little [oral sex survey](#) showed, people love oral sex. They love giving as much as receiving it! Being the orally-enthusiastic practitioners, most have honed their skills and techniques for offering your partner the ultimate in oral pleasure. For most, oral sex doesn't need much improvement. It's already great as it is. So is eating cake.

Still, having your cake and eating it is great, but have you tried incorporating it in your oral play, making it even more fun?!? Have you ever considered mixing it up a little bit? This Cake and Cunnilingus Day [LELO](#) proposes a slight twist to the day. With the help of the French [Top chef 2020 candidate Nastasia Lyard](#), LELO has come up with the perfect sweet addition to accompany this day. It has everything you want in a cake. As chef Lyard says, "With a rich, chewy rendering and a pinch of sugary taste, it will be impossible to resist the discovery of this little cupcake whose flowing heart is itself talking about this special day:" Passion Fruits"! So, indulge yourself and get your aprons on!"

LELO Tongue in cheek chocolate cupcakes with flowing passion heart centre and buttercream

For six cupcakes:

CUPCAKES

100g dark chocolate
75g sugar
75g butter
100g egg
25g flour

"PASSIONATE" HEART

200g of passion fruit coulis
4g xanthan gum

BUTTERCREAM

200g butter
200g icing sugar
Passion fruit three pieces

Emulsify the passion fruit coulis and xanthan gum to obtain a thick mixture. Pour it into an ice cube tray to form cubes in the freezer.

Preheat the oven to 180 degrees.

Melt the butter and chocolate in a double boiler.

Blanch the sugar and eggs. Mix these two mixtures.

Add the flour. Fill the cupcake moulds. Insert a passion flowing heart ice cube Bake for 9 min at 180 degrees.

Leave to settle in the fridge.

Beat the butter and icing sugar in a food processor, adding the pulp of a passion fruit so that the mixture becomes creamy.

Place in a pastry bag and pour on the cupcakes. Add passion fruit pulp onto the buttercream.

When the baking is done,... play with it.

Forget everything your parents taught you about playing with food. It is not bad behaviour ... well, not as they pegged it to be, at least. Food play can elevate your senses and heighten your arousal into the bedroom, especially for foreplay and oral sex. Selecting a sexy menu can be tricky, but we have gone and solved that for you. All there is for you to do is relax and join in on the fun.

No doubt, it feels great when someone licks it off your body but this year, try going the other way about it. Have your partner play with the cake, display their technique, or dare and venture into the beautiful world of fetishes and indulge in a bacchanalian haze of genital delights.

Warning: this might put a dent in your plans to achieve that summer body, and keeping it clean is not an option. It's going to be messy and sweet, and everything you could have ever imagined. And we're talking

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LELO is not just a sex toy brand; it's a self-care movement aimed at those who know that satisfaction transcends gender, sexual orientation, race, and age. We're offering the experience of ecstasy without shame, the pleasure of discovering all the wonders of one's body, thus facilitating our customers with confidence, that leads to a fulfilled intimate life. LELO AB is the Swedish company behind LELO, where offices extend from Stockholm to San Jose, from Sydney to Shanghai.

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about the good stuff, for the sweet tooth and the dirty tongue, the stuff that'll have you be so loud that running into your neighbours afterwards will become awkward.

Cake tease

(for the giver) Nyotaimori is the art of eating sushi off a naked body at home. But instead of sushi, use cupcake(s). Place it directly on your partner's skin, and play around a bit, but do not go immediately for the sweet reward so as not to ignore other erogenous zones on your partner's body. All the time, maintain eye contact. As you begin heading down, build up the anticipation by nibbling or licking their inner thigh. Once you reach the cupcake, remember that the frosting is sweet and sticky and so try alternating longer ice-cream-style licks with more traditional full-mouth-over-the-top sucking. Then, move to the soft and sensual middle with all your passion. Feel free to explore it with your mouth or hands. Starting, it's a good idea to go slow. Dance around the gooey middle with your tongue. Try doing the number eight with your tongue or lightly graze it. Watch and feel your partner respond as you lick the cake either up and down or side to side and when you lightly suck on the middle. You should be able to tell which way they prefer just by listening to them, and it never hurts to ask if they like it!

Cake-sitting ... it is a thing!

(for the receiver) Don't be afraid to think outside the box, too. Another way to incorporate the 'cake' celebrations of the day is to practice the art of 'cake sitting' - a relatively new sexual fetish enjoyed by many. A person becomes aroused when copious amounts of a cake are applied to the naked skin or even clothing. Start bare-bottomed, sit on it to create a wet and messy scene, enjoying the sensation of your body meeting with something that is moist and squishy. Once you see the little flattened cake and shape of your butt in it, lie on your back and let your partner lick the ahem plate clean for extra tasty and pleasurable fun. Isn't this what Cake and cunnilingus day is all about.

Have your cake and stomp on it

(for the receiver) Smashing cake with your feet? There is nothing like that pretty little frosted cupcake to make you think: "I wanna destroy it!" It can be the perfect segue way to oral sex by creating an imaginary line upward from your feet up to your genitals requiring a lot of tongue action in the erogenous zones covered with nerve endings, equalling to more incredible, often more intense, sensations as your partner moves on. (for the giver) Lick your way up, not ignoring an inch of your partner's body as you move up. Try running your tongue up and down with underwear still on, or using your breath to warm up the whole area and then just push panties to the side and proceed to eat out your partner. The primal gotta-have-you-now effect of keeping your undies on will make things even hotter. Cunnilingus is most often associated with licking, but suction on the clitoris is extraordinarily pleasurable and must not be overlooked. Lightly sucking on the external part of the clitoris after tons of licking around the labia will likely blow their mind and put them into overdrive.

Note: never forget to compliment your partner. Telling them their genitals straight-up taste good is an insane turn-on. Not to mention that being enthusiastic about pleasuring your partner orally is super effing hot.

Cake or solo play on the day? Why not both!

In the end, do not worry if you are not partnered up. Being single does not prevent you from enjoying this day. For those with vulvas, two types of toys mimic oral sex: suction vibrators, like the LELO SIIA™, whose gentle waves surge from the tip of your clitoris, offering a new way to experience foreplay, teaching you about self-love, teasing you to reach your climax slowly as you listen to your body for a more intense orgasm; and faux-tongue-like toys, like the LELO ORA3™, with the pleasure nub that rotates and vibrates, like a tongue on your vulva, but better. Both can introduce you to a whole new sensation of receiving pleasure. What is even better, you can use these toys with a partner for more intense pleasure or show your

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partner what you like. But in case you are single right now, don't forget the most significant upside of enjoying the Cake and cunnilingus day on your own - **all that cake is for you and you only.**

(*photo of chef Nastasia - Photo Crédit : @studio_l.a._brussels and @julien _thonar)

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